PREPPING EXPERT · PRINTABLE

Living self-reliant inventory checklist

Small, durable steps toward a household that needs less from outside. Pick two lines a year; none of them need a second property.

GARDEN

- ☐ One productive bed or container garden
- ☐ Seeds saved or stored for next season
- ☐ Compost started
- ☐ One calorie crop grown
  potatoes, squash, beans

FOOD PRESERVATION AND STORAGE

- ☐ Cool, dark storage space identified for roots and squash
- ☐ Canning equipment checked; tested recipes on file
- ☐ Pantry rotated
  date: _____

WATER

- ☐ Rain barrel installed, legal in your state and screened
- ☐ Overflow directed away from the foundation
- ☐ Barrel water labeled non-potable unless treated

ENERGY

- ☐ Energy use measured for the circuits you would back up
- ☐ Backup power sized to that, not to the whole house
- ☐ Wood stove or other heat source inspected, if owned

ANIMALS (IF KEPT)

- ☐ Local ordinance checked for chickens or other livestock
- ☐ Two weeks of feed and water stored
- ☐ Predator-proof housing checked

MONEY AND HOUSEHOLD

- ☐ Emergency fund: one month of expenses, then three
- ☐ Insurance reviewed this year
- ☐ Family plan covers everyone with special needs
- ☐ Apartment or small-space storage plan, if applicable

Checked by: _____ **Date:** _____ **Next check (6 months):** _____